

## How the Holy Spirit influenced my Life as the Community Life Chair.( April 2018;)

Many times when I am at loss on what to do, and when to do it I pray to the Holy Trinity.

Please open my heart and mind so that I know what you want me to do..

After I concluded my term as the President of St. Cecilia's, I rather felt restless. I needed to re-coop. I was still very much involved in our business and that entailed a lot of sudden travel to other countries. I felt there is something I should be doing. The then Regional Chairperson suggested, to make myself available to be the next Regional Chair as her term was concluded. I hesitated. How much time will this entail? I prayed over it, and then I submitted my name. It was a very good decision, as my restlessness disappeared. I loved every moment of this job. Then, when I became the Diocesan Community Life Chair, something I really love doing, as there are so many different aspects of this chair. Much research much information to send out. I prayed allot over it. And felt calm. I know the Holy Spirit was working on me. Many of my directives were dictated by this, so I would write about the following.

### **1.Respect of all life,& rejecting violence:** (Against human trafficking, euthanasia, & abortion.)

Encourage our members to continue to write letters to our governments in protest about their decisions. One of my special feelings about getting involved was Elder-Care. So much work is needed here. Often we delude ourselves with what is good for our elders, is it really good for them? Are we involving them in the decisions, for their protection, or, to make it easier on us the caregiver? I felt very passionately about this and still do. They are the ones who shaped our country- our home life. Writing and talking about this was very much inspired by a stronger sense of what is right.

**Share with others:** Development and Peace **Caritas**. This is a group that never tires of helping others. I really am inspired. They do so much. They go into all the underdeveloped countries and really help. I had a small part in helping & writing about them. Also during my travel in Africa, I studied many situations where woman were inspired to start a small business to help their communities, often with the help of Micro banking and many succeeded. Mostly woman were successful. On this I could write many success stories but also some failures.

**Listen to understand:** Go to visit the sick, the Nursing homes- and really listen. Often that is all they really need. I felt I needed to go and really help. Gods Spirit made me go every day during dinner-time. It was needed. Often, after I listened to them I would talk to their relatives. Sometimes it meant to get out of my comfort zone, but I did it anyway. It was so little they wanted and needed. Many hugs, yes these are always welcome. I am a great hugger.

Last convention we were asked to select a woman from the bible: I did not hesitated at all, I selected Mary, the blessed Mother, of the son of God. Naturally, I prayed for inspiration. After I started my research, I realized that our blessed mother of Jesus went through the same fears as any mother goes through. Only she had a lot more to fear, as she knew what her son needed to accomplish. I definitely felt inspired to write about all of it. Some comments I received later, after some ladies found the speech on our web-site, and said; "We never thought about Jesus upbringing in that way, it is really though inspiring" This confirmed I was on the right track.

Often we don't feel like doing the right thing, but, we feel compelled to do it anyway, that is the Holy Spirit working on us. \* Madame President, this concludes my report: \*

